

APRIL 2010 OVERVIEW

SHASTA-TRINITY BACKCOUNTRY TRAIL CREW

JENNIFER CISEWSKI

This month, a collection of promising and unique individuals from California and around the country came together excited to take part in a rich CCC Backcountry tradition. Six women and nine men from California, Florida, Missouri, Maine, Minnesota, Washington and New York arrived at orientation excitedly talking about building trails and themselves. As we work in the wilderness and the wilderness works in us, we will be using tools like mcleods, pulaski's, loppers, pickmatics, courage, determination, support and perseverance. We will be moving from 17 stunning individuals to one stellar crew – Shasta-Trinity 1.

WORK: Our first assignment, beyond learning the importance of being flexible, was to clear the road to our first trailhead. Over the winter many trees had fallen on the road to Deer Lick Springs, so we worked in rain, snow, hail, and our favorite – Sunshine – to log out the road and head up to our first trails.

CURRICULUM: We've been bombarded by loads of helpful information this month. We've begun to learn how to come together as a community – You'd never believe how many "Get to know you" games can be made with a bag of peanut M&M's. We've watched Trail Maintenance videos showing us how to recognize quality trail work, we've learned to safely use cross-cut saws, we've been certified in Basic First Aid and CPR, we've talked "Leave No Trace", water hazards and safety, how to make fires, how to take care of our feet and how to take care of each other. We heard from Shannon at the Fire Station who told us about the path he traveled from CCC Corpsmember to Fire Station Engineer. Even managed to get some local history of the Harrison Gulch area from Kenny our sponsor – Good Stuff! On our weekends we've explored some beautiful terrain – One especially interesting hike was on the South Fork National Recreation trails next to the South Fork of the Trinity River – Home of our next work site.

WE APPRECIATE YOU: Thank you Karlson Hubbard, our first acting sponsor. Thank you Stacey Borowski for coming in to teach a well organized First Aid/CPR class. Shasta-Trinity Fire Department – Thank you for letting us use your facilities, especially your showers. Larry Evans, thank you for nourishing our minds and our bellies. Thank you Matt Carson, our foreman and Kenny our sponsor for hooking us up with a sweet camp and patiently teaching us as we learn and grow stronger.

QUOTE FOR THE MONTH

"Human beings, by changing the inner attitudes of the mind, often change the outer aspects of their lives" - William James

"Damn I feel fortunate." – Jennifer Cisewski