

Corpsmember Green Living Practices

The purpose of this document is to provide corpsmembers with ideas for how they can adopt a more sustainable lifestyle by applying the conservation principles they have learned in the CCC. Below is a list of Green Living Practices that is being developed by the Region I Corpsmember Advisory Boards.

Energy Use

- Empty gasoline out of power tools when not in use
- Dry clothes on a clothesline rather than in the dryer
- Buy and install energy-efficient light bulbs
- Turn down water heater temperature
- Use natural light when possible
- Turn off lights when you are not using them
- Unplug electronics when not in use
- Turn up the air conditioner setting
- Turn off air conditioning when not at home
- Close doors/blinds/curtains to regulate building temperature
- Turn up refrigerator temperature turn off gas heaters in the summer
- Make sure you have good weather stripping
- Only wash full loads
- Don't use hair dryers

Water Use

- Install low-flow toilets
- Turn off water when brushing your teeth
- Soaker hoses (use less water and slowly soaks into the ground so there is no watershed runoff and the plants get more water)
- Use a hose nozzle when washing vehicles
- Collect rain water/ use Rain Barrels
- Take short showers
- Recycle pool water

Transportation

- Bike to work/around town
- Do not idle vehicles
- Combine errands when you are out
- Carpool
- Maintain your vehicle
- Walk
- Drive at higher speeds with low RPMs to conserve gas

Food

- Gardening (at home, community garden, center garden)
- Build a greenhouse for winter gardening
- Eat leftovers

Waste Reduction/Recycling

- Center recycling program
- Find new uses for used materials (e.g., build a greenhouse out of 2 liter bottles)
- Compost
- Use eco-friendly trash bags
- Pick up trash in public places
- Pick up recyclables along roads
- Re-use water bottles
- Use reusable containers instead of plastic bags or bottled water
- Use newspaper to clean windows
- Recycle oil
- Use a water filter instead of bottled water
- Use both sides of paper
- Use a cloth towel instead of paper towels

Chemical Use (Cleaning, Personal Care, etc.)

- Use eco-friendly soaps